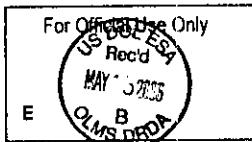


# FORM LM-30

## LABOR ORGANIZATION OFFICER AND EMPLOYEE REPORT

This report is mandatory under P.L. 86-257, as amended. Failure to comply may result in criminal prosecution, fines, or civil penalties as provided by 29 U.S.C 439 or 440.



READ THE INSTRUCTIONS CAREFULLY BEFORE PREPARING THIS REPORT.

1. File Number U - <del>84750</del> <b>25526</b>	2. Fiscal Year Covered From:  1 / 1 / 2005 Through: 12 / 31 / 2005
3. Name and address of person filing.  Name CHAWANDA PARSON  P.O. Box, Bldg., Room No., if any  Street 675 EVANS STREET  City  State Georgia ZIP Code + 4 30310-2752	4. Name, file number, and address of labor organization.  Name NATIONAL POSTAL MAILHANDLERS UNION - Local 310  Labor Organization File Number 092-080  P.O. Box, Building and Room Number, if any  Street 675 EVANS STREET  City ATLANTA  State Georgia ZIP Code + 4 30310-2752
5. Position in labor organization. CHIEF STEWARD	

Enter appropriate data below if, during the past fiscal year, you or your spouse or minor child directly or indirectly had any of the following interests (except as specified in the exclusions set forth in the instructions):

A. Held an interest in, engaged in transactions (including loans) with, or derived income or other economic benefit of monetary value from an employer whose employees your organization represents or is actively seeking to represent.	
6. Name and address of Employer (including trade name, if any).  Name  Trade Name, if any:  P.O. Box, Bldg., Room No., if any  Street  City  State ZIP Code + 4	7.a. Nature of Interest, Transaction, or Income.          7.b. Amount.

### Signature

15. Signature and verification. The undersigned declares, under penalty of Perjury and other applicable penalties of the law, that all of the information submitted in this report (including the information contained in any accompanying documents), has been examined by the signatory and is, to the best of the undersigned's knowledge and belief, true, correct, and complete. (See the section on penalties in the instructions.)		
Signed <u>Chawanda E. Parson</u>	On <u>5-9-06</u>	<u>(770) 377-3113</u>
	Date	Telephone Number

Name of Person Filing CHAWANDA PARSON	File Number U- 84750
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**B. Held an interest in or derived income or economic benefit with monetary value from a business (1) a substantial part of which consists of buying from, selling or leasing to, or otherwise dealing with the business of an employer whose employees your labor organization represents or is actively seeking to represent, or (2) any part of which consists of buying from or selling or leasing directly or indirectly to, or otherwise dealing with your labor organization or with a trust in which your labor organization is interested.**

<p>8. Name and address of Business (including trade name, if any).</p> <p>Name FIRST HEALTH</p> <p>Trade Name, if any:</p> <p>P.O. Box, Bldg., Room No., if any</p> <p>Street 3200 HIGHLAND AVENUE</p> <p>City DOWNERS GROVE</p> <p>State Illinois ZIP Code + 4 60515</p>	<p>9. Business deals with :</p> <p><input checked="" type="checkbox"/> a. Labor Organization</p> <p>b. Trust</p> <p>c. Employer</p>
<p>10. If 9.b. or 9.c. is checked give trust or employer's name.</p> <p>Name</p> <p>Trade Name, if any:</p> <p>P.O. Box, Bldg., Room No., if any</p> <p>Street</p> <p>City</p> <p>State ZIP Code + 4</p>	<p>11.a. Nature of such dealing.</p> <p>ADMINISTRATOR OF HEALTH PLAN</p> <hr/> <p>11.b. Approximate dollar value of such dealing. <i>Over 1 Billion \$</i></p> <hr/> <p>12.a. Nature of interest held or income received.</p> <p>OCTOBER 6 - 9, 2005 - Attended Health Plan Open Season Seminar in Orlando Florida. Received, 2 Breakfasts, 3 Dinners, 1 Reception , and Trip to Epcot Center.</p> <hr/> <p>12.b. Amount. <i>Approx -</i> \$780</p>

**C. Received from any employer (other than an employer covered under parts A and B above) or from any labor relations consultant to an employer any payment of money or other thing of value.**

<p>13.a. Name and address of Employer or Labor Relations Consultant (including trade name, if any).</p> <p>Name</p> <p>Trade Name, if any:</p> <p>P.O. Box, Bldg., Room No., if any</p> <p>Street</p> <p>City</p> <p>State ZIP Code + 4</p>	<p>14.a. Nature of payment.</p>
<p>13.b. Is the Business an Employer or Consultant ?</p>	<p>14.b. Amount of payment.</p>